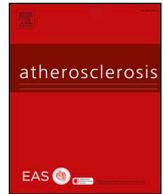




ELSEVIER

Contents lists available at ScienceDirect

Atherosclerosis

journal homepage: www.elsevier.com/locate/atherosclerosis

Conference report

The Joint Scientific Symposium with the European Atherosclerosis Society (EAS), the International Atherosclerosis Society (IAS) and the Kyrgyz Society of Cardiology (KSC) in the frame of the International Symposium “Medicine of the Silk Road”

ARTICLE INFO

Keywords:

Symposium
 Familial hypercholesterolemia
 EAS activity

Name of the conference: The International Symposium ‘Medicine of the Silk Road’.

The Kyrgyz Atherosclerosis Society (KAS) and the Kyrgyz Society of Cardiology (KSC) with the participation of the European Atherosclerosis Society (EAS), the International Atherosclerosis Society (IAS) and the European Society of Cardiology (ESC).

Dates and venue: October 3–4, 2019, Bishkek, Kyrgyzstan.

President of the conference: E.M. Mirrakhimov.

Topics

- Lipoprotein remnants
- 2019 ESC/EAS guidelines for the management of dyslipidaemias
- Familial hypercholesterolemia (FH): The Dutch experience
- FH patients' organisation in the Kyrgyz Republic: Realities and Prospects
- FH: Approaches to diagnosis and treatment

The Annual International Symposium “Medicine of the Silk Road” was held in Bishkek, the capital of Kyrgyzstan, on October 3–4, 2019. This Symposium was attended by more than 300 practitioners from all regions of the Republic. It was a great opportunity for them to get acquainted with the latest scientific achievements in the field of cardiology. The symposium coincided with the Week of Familial Hypercholesterolemia (FH) in Kyrgyzstan, organized by the young Kyrgyz Atherosclerosis Society. In this connection, three scientific meetings were held in conjunction with the European Atherosclerosis

Society (EAS) and the International Atherosclerosis Society (IAS).

During the meeting, Professor P. Lansberg (Netherlands) shared the Dutch experience of managing patients with FH, and Associate Professor A. Kerimkulova discussed the FH patients' organisation experience in Kyrgyzstan, and she reported the existing problems in the diagnostics of FH, such as difficulties associated with early detection of patients and the supply of lipid-lowering drugs. Furthermore, all participants were informed about the recent creation of the Register of patients with FH by the Kyrgyz Atherosclerosis Society. Professor P. Parini (Sweden) emphasised the role of lipoprotein remnants in assessing residual risk in patients with lipid metabolism disorders (Fig. 1).

The new clinical guidelines of the European Society of Cardiology (ESC) and EAS on the diagnosis and treatment of dyslipidaemia (2019) were presented to all physicians. In conclusion, Professor E. Mirrakhimov gave a lecture on the management of patients with FH, he discussed the approaches available for the diagnosis and treatment of such patients.

All reports ensued interesting discussions in the audience, which continued through the informal part of the Symposium. Practitioners were mostly interested in the identification and monitoring of patients with FH and the difficulties of introducing practical recommendations on dyslipidaemia into clinical practice in Kyrgyzstan.

In conclusion, the President of the Symposium expressed the hope that the information presented during the conference would help practitioners in their daily practice, and invited everybody to the next Symposium, which will be held in 2020.

<https://doi.org/10.1016/j.atherosclerosis.2019.11.035>

Received 16 November 2019; Accepted 29 November 2019

Available online 30 November 2019

0021-9150



Fig. 1. (Top to bottom): Professor Peter Lansberg, Netherlands; Professor Erkin Mirrakhimov, Kyrgyzstan; Professor Paolo Parini, Sweden.

Declaration of competing interest

The authors declared they do not have anything to disclose regarding conflict of interest with respect to this manuscript.

Olga Lunegova*, Erkin M. Mirrakhimov
 Kyrgyz State Medical Academy named after I.K.Akhunbaev, Bishkek,
 Kyrgyzstan
 E-mail address: olga.lunegova@gmail.com (O. Lunegova).

* Corresponding author. Olga Lunegova, 3, Togolok Moldo Str., Bishkek, Kyrgyzstan.