



INTERNATIONAL SYMPOSIUM

«MEDICINE OF THE SILK ROAD»

October 3-4, 2019

City Hotel

Bishkek, Kyrgyzstan

INTERNATIONAL SYMPOSIUM "MEDICINE OF THE SILK ROAD"



INFORMATION LETTER

Dear colleagues!

"Kyrgyz Atherosclerosis Society" invites you to take part in the **International Symposium "Medicine of the Silk Road"**, which will be held on **October 3-4, 2019**.

Venue of the congress:

Bishkek, "City Hotel" Baitik-Baatyr str., 34/1

The Symposium program is designed to be as useful to cardiologists as possible, as well as to family doctors in their daily clinical practice.



This Symposium is focused, first of all, on increasing the level of knowledge of doctors in the field of cardiovascular pathologies and related disciplines, improving the approach to diagnostics and treatment of patients with underlying cardiovascular diseases and concomitant diseases based on the principles of evidence-based medicine.

This Symposium is jointly organized with **European Atherosclerosis Society** and **International Atherosclerosis Society**.

The Symposium will bring together leading scientists, doctors and professors from **Netherlands, Sweden, Turkey, Russia and Kyrgyzstan**.

This will allow doctors from Kyrgyzstan to meet with leading foreign scientists and discuss the current state of diagnostics, treatment and prevention of cardiovascular diseases.

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Chair of Kyrgyz Atherosclerosis Society

Mirrakhimov E.M.



CONGRESS ORGANAIZERS

Kyrgyz Atherosclerosis Society

Kyrgyz Society of Cardiology

Ministry of Health of Kyrgyz Republic

European Atherosclerosis Society

International Atherosclerosis Society

Kyrgyz State Medical Academy named after I.K. Akhunbaev

National Center of Cardiology and Internal Medicine

named after academician M. Mirrakhimov

European Society of Cardiology

Kyrgyz State Medical Institute of Retraining and Improvement of Qualification

Kyrgyz Russian (Slavic) University

Honorary President of Symposium:

Professor **Cholponbaev K.S.** - Minister of Health of Kyrgyz Republic

The Chair of Organizing Committee:

Professor **Mirrakhimov E.M.** – President of Kyrgyz Society of Cardiology

PARTICIPANTS INFORMATION

Venue	“City Hotel”, Baitik Baatyr street, 34/1
Registration	Registration is free of charge
Official language	Kyrgyz, Russian, English
Mobile phones	Mobile phones should be switched off during the sessions
Smoking	Smoking is prohibited inside conference rooms and public places
Travel certificates	Travel certificates will be marked on October 4 at the registration stand.

Members of Organizing Committee:

- *Mirrakhimov E.M. (Kyrgyzstan) - Chair of Scientific Committee*
- *Eshkhodzhaeva A.S. (Kyrgyzstan)*
- *Ibraeva N.S. (Kyrgyzstan)*
- *Ismailova B.S. (Kyrgyzstan)*
- *Karataev M.M. (Kyrgyzstan)*
- *Kudaibergenova I.O. (Kyrgyzstan)*
- *Kurmanov R.A. (Kyrgyzstan)*
- *Sarybaev A. Sh. (Kyrgyzstan)*
- *Sooronbaev T.M. (Kyrgyzstan)*
- *Zarifyan A.G. (Kyrgyzstan)*
- *Lansberg Peter (Netherlands)*
- *Parini Paolo. (Sweden)*

Executive Committee Staff:

- *Abilova S.S.*
- *Kerimkulova A.S.*
- *Bektasheva E.E.*
- *Neronova K.V.*
- *Zakirov U.A.*
- *Asanbaev A.A.*
- *Esenbekova Zh.E.*

Secretaries:

- *Asanaliev N.Zh.*

October 3 (Thursday)

08.00 – 08.30 Registration

08.30-09.40

Scientific - practical session of the rhythm disorders group

Invasive treatment in arrhythmology

Chairmen:

Assoc. Prof. Kalysov K.A., Bishkek, Kyrgyzstan.
Assoc. Prof. Kadyraliev B.K., Perm, Russia

Physiological pacing.

*Assoc. Prof. **Kalysov K.A.**, National Center of Cardiology and Internal Medicine named after Mirrakhimov M.M., **Bishkek, Kyrgyzstan***

Neuromodulation in cardiology.

*Professor **Mesut Demir**, Çukurov University, **Adana, Turkey***

09:40-10:30

New guidelines of the European Society of Cardiology, 2019

Chairman:

Assoc. Prof. Abilova S.S., Bishkek, Kyrgyzstan

**Management of patients with supraventricular tachycardia.
ESC 2019 Clinical Guidelines.**

*Assoc. Prof. **Lunegova O.S.**, Kyrgyz State Medical Academy named after I.K. Akhunbaev, **Bishkek, Kyrgyzstan***

10.30 - 11.00

Coffee break

11.00-12.00

Family doctors school

Chairman:

Professor Mirrakhimov E.M., Bishkek, Kyrgyzstan

Current aspects of antihypertensive therapy in the light of the latest clinical recommendations.

*Ph.D. **Kochetkov A.I.**, Laboratory of Clinical Pharmacology and Pharmacotherapy of the Russian Gerontological Scientific and Clinical Center. Department of Aging Diseases, Russian National Scientific Medical University named after Pirogov N.I., **Moscow, Russia***

12.00-13.40

Joint session of Kyrgyz Atherosclerosis Society and European Atherosclerosis Society. Familial Hypercholesterolemia Week

Chairman:

Professor Mirrakhimov E.M., Bishkek, Kyrgyzstan

Lipoprotein remnant cholesterol

Professor Paolo Parini, MD, PhD, Senior Consultant, Director of Research and Development, Education and Innovation. Hospital of the University of Karolinsk, Stockholm, Sweden. Treasurer of the European Atherosclerosis Society

Diagnosis and treatment of dyslipidemia. Clinical guidelines of the European Society of Cardiology and the European Atherosclerosis Society, 2019.

Assoc. Prof. Kerimkulova A.S., Kyrgyz State Medical Academy named after I.K. Akhunbaev, Bishkek, Kyrgyzstan

13.40 - 14.10

Coffee break

14.10 - 15.10

Scientific Practical Session

Chairmen:

Assoc. Prof. Dzhakubekova A.U., Kyrgyz State Medical Academy, Bishkek, Kyrgyzstan

Assoc. Prof. Kerimkulova A.S., Kyrgyz State Medical Academy, Bishkek, Kyrgyzstan

Patient Organizations of Familial Hypercholesterolemia in Kyrgyz Republic: Realities and Prospects.

Assoc. Prof. Kerimkulova A.S., Kyrgyz State Medical Academy named after I.K. Akhunbaev, Bishkek, Kyrgyzstan

Availability of drugs for the treatment of major cardiovascular diseases in the Kyrgyz Republic.

Assoc. Prof. A. Dzhakubekova, Ministry of Health of the Kyrgyz Republic, Bishkek, Kyrgyzstan

15.10 - 16.10

New guidelines of the European Society of Cardiology, 2019

Diagnosis and treatment of chronic coronary heart disease.

Professor Mirrakhimov E.M., Kyrgyz State Medical Academy named after I.K. Akhunbaev, Bishkek, Kyrgyzstan

16.10-16.20 (17.30)
Opening ceremony
Reception (City hotel, Ground floor)

October 4 (Friday)
08.00-10.00

Scientific - practical session of the rhythm disorders group

Invasive treatment in arrhythmology

Chairmen:

Assoc. Prof. Kalysov K.A., Bishkek, Kyrgyzstan.
Assoc. Prof. Kadyraliev B.K., Perm, Russia

Interventional arrhythmology in the Kyrgyz Republic: past, present and future.

Assoc. Prof. Kalysov K.A., National Center of Cardiology and Internal Medicine named after Mirrakhimov M.M., Bishkek, Kyrgyzstan

Place of cryoablation in arrhythmology.

Professor Mesut Demir, Chukurov University, Adana, Turkey

Surgical treatment of atrial fibrillation using the cut & sew technique (MAZE III). View of a cardiac surgeon.

Assoc. Prof. Kadyraliev B.K. Federal State Budgetary Institution Federal Center of Cardiovascular Surgery named after S.G. Sukhanov, Ministry of Health of the Russian Federation, Perm, Russia

10:00 - 10:45

Family doctor school

Chairman:

Assoc. Prof. Abilova S.S., Bishkek, Kyrgyzstan

News from the ESC Congress (2019) in the treatment of coronary artery disease.

Professor Baitova G.M. Clinical Hospital of the Office of the President and Government of the Kyrgyz Republic, Bishkek, Kyrgyzstan

10:45 - 11:15

Coffee break

11:15 - 12:30

**Joint session of Kyrgyz Atherosclerosis Society and
International Atherosclerosis Society.
Familial Hypercholesterolemia Week**

Chairman: *Professor Mirrakhimov E.M., Bishkek, Kyrgyzstan*

Morbidity and mortality from cardiovascular disease in Kyrgyzstan: current situation and prospects for the development of cardiology services.

Professor Sarybaev A.Sh., National Center of Cardiology and Internal Medicine named after Mirrakhimov M.M., Bishkek, Kyrgyzstan

Familial Hypercholesterolemia - The Dutch Experience.

Professor Peter Lansberg MD PhD, Medical University of Groningen. Member of the European Federation of the International Atherosclerosis Society. Groningen, Holland

12.30-13.30

New guidelines of the European Society of Cardiology, 2019

Chairman: *Assoc. Prof. Kerimkulova A.S., Bishkek, Kyrgyzstan*

Acute pulmonary thromboembolism. ESC Management, 2019.

Professor Sooronbaev T.M., National Center of Cardiology and Internal Medicine named after Mirrakhimov M.M., Bishkek, Kyrgyzstan

**13:30 - 14:20
Coffee break**

14:20 - 15:20

**Scientific-practical session
Familial Hypercholesterolemia Week**

Chairman: *Assoc. Prof. Abilova S.S., Bishkek, Kyrgyzstan*

Familial Hypercholesterolemia: Approaches for Diagnosis and Treatment

Professor Mirrakhimov E.M., Kyrgyz State Medical Academy named after I.K. Akhunbaev, Bishkek, Kyrgyzstan

15:20 - 16:00

Scientific-practical session

New guidelines of the European Society of Cardiology, 2019

Chairman:

Assoc. Prof. Kerimkulova A.S., Bishkek, Kyrgyzstan

Diabetes, Prediabetes and Cardiovascular Diseases. EOC 2019 Clinical Guidelines.

Assoc. Prof. Abilova S.S., Kyrgyz State Medical Academy named after I.K. Akhunbaev, Bishkek, Kyrgyzstan

17.10-17.30

**Closing of the Symposium
(Handing of certificates)**

Dr. Peter J. Lansberg MD PhD

Dr. Lansberg is a lipidologist and senior clinical staff member Department of Pediatrics, Section Molecular Genetics University Medical Center Groningen. Dr. Lansberg obtained his Bachelor, Master and Doctor of Medicine degrees from University of Amsterdam (UvA). He returned to Academic Medical Center (AMC) where he worked on his doctoral thesis "The Molecular Basis and Treatment of Familial Hypercholesterolemia (FH)" at the department of vascular Medicine under the supervision of prof. John Kastelein and prof. Jan Wouter ten Cate. He established and supervised the Amsterdam Lipid Clinic in the Slotervaart medical center in Amsterdam and during the 1990ies he co-founded, in collaboration with Prof. Kastelein, the Dutch Lipid Clinic Network, a national alliance of Dutch academic and general hospitals. For this network he conceived and promoted the Dutch Lipid Clinic Diagnostic Criteria for FH. Parallel to the national activities he was active in the international 'Make Early Diagnosis to Prevent Early Death' (MedPed) program, initiated by the late Dr. Roger Williams. His focus in both organizations was on developing comprehensive educational programs to improve the clinical management of Familial Hypercholesterolemia patients as well setting up the first electronic health record for the registration of patients with lipid abnormalities in 1990. During this period he was involved in a large number of clinical trials focusing on lipid management and genetic research at the department of vascular medicine at the AMC. Dr. Lansberg is the founder and former director of the successful Dutch National FH Cascade Screening program conducted by the "Stichting Opsporing Erfelijke Hypercholesterolemie" (StOEH). He supported similar initiatives in Europe, Middle East, Southeast Asia, Canada, Australia and New Zealand and shared his experience and expertise, building and managing the Dutch screening program. From 2008 – 2016, dr. Lansberg has been active in the field of translational medicine. He established the Durrer Center for Cardiogenetic Research. A national biobank initiative for the Interuniversity Cardiology Institute of the Netherlands (ICIN) and funded by the Dutch Academy of Science and the Dutch Heart Foundation. Currently he is working as program manager and WP leader Biobanking for the Center for Translational Medicine (CTMM) and Translational Research IT (TraIT) program. CTMM-TraIT is organized as a public-private partnership consortium aiming to organize, deploy and manage a National IT infrastructure for data and workflow management, targeted specifically at the needs of investigator driven, multi-center, translational research projects. In 2019 He was invited as faculty member of the Executive Committee for the Regional Federation for Europe of the International Atherosclerosis Society (IAS). Parallel to his scientific and clinical activities dr. Lansberg has given over 1000 presentations and workshops at national and international conferences on cardiovascular risk management, lipids and the prevention of atherosclerosis in more than 65 countries. Based on his broad presentation expertise he now conducts workshops for medical specialists and researchers to improve their presenting and communications skills.



Paolo Parini, MD, PhD – Short Curriculum Vitae

- *Date of birth* July 20, 1964
- *Place of birth* Rimini, Italy
- *Citizenship* Italian, Swedish
- *Personnummer* 640720-5738
- *Addresses* Karlbergsv. 41, 113 37 Stockholm, Sweden
- *Mobile:* +46 (0)70 456 21 92
- *Skype ID:* Vegapaolo
- *E-mail:* paolo.parini@ki.se, paolo.parini@sll.se,
- *Languages:* Italian, English, and Swedish



Present Position

- *Director of Research, Education, Development and Innovation*, at the Inflammation and Infection Theme, Karolinska University Hospital, Stockholm, Sweden (30%)
- *Professor in Clinical Chemistry* at the Department of Medicine and at the Department of Laboratory Medicine, Karolinska Institutet, Stockholm, Sweden (50%)
- *Senior Consultant* at the Patient Area Endocrinology and Nephrology, Inflammation and Infection Theme, Karolinska University Hospital, Stockholm, Sweden (20%)

Education and Degrees

- *Professor in Clinical Chemistry*. Karolinska Institutet, Sweden. 2012
- *Associate Professor in Gastroenterology and Hepatology*. Karolinska Institutet, Stockholm, Sweden. 2007
- *Philosophy Doctor in Internal Medicine*. Karolinska Institutet, Sweden. 1994-1999
- *Medical Doctor* (110/110 cum laude). University of Bologna, Italy. 1983-1990

Post-doctoral activities

- *Dr. Lawrence L Rudel's Group*, Dept. of Comparative Medicine, Wake Forest University School of Medicine, Winston-Salem, NC, USA, Oct. 2002 – Feb. 2003. and Nov 2004 – Apr. 2005.
- *Metabolism Unit*, Dept. of Medicine, Huddinge University Hospital, and *Molecular Nutrition Group*, Centrum for Nutrition and Toxicology, Novum, Karolinska Institutet, Sweden, June 1999 – Sept. 2002 and Mars 2003 – Oct. 2004.

Continuing Professional Development

Leadership and innovation

- "2019 Wave – The Garden of Emphaty"; International Leadership Community@Your Business Partner, Milan, Italy
- "2018 Wave – Looking at Reality"; International Leadership Community@Your Business Partner, Milan, Italy
- "TUFF Leadarship Training – Step 2", 2017, Tuff ledarskapsträning AB, Sweden

- "TUFF Leadership Training – Step 1"; 2016, Tuff ledarskapsträning AB, Sweden
- "Project Leadership for Research Leaders (PLRL)"; 2013, Karolinska Institutet, Sweden
- "Development of leadership and teams"; 2011, Karolinska Institutet, Sweden
- "The personal leadership"; 2010, Karolinska Institutet, Sweden
- "UGL: development of groups and leaderships"; 2001, The Military Academy, Sweden

Pedagogy

- "Handledare för AT- och ST-läkare"; 2002, Huddinge University Hospital, Sweden
- "Universitetspedagogik"; 2002, Karolinska Institute, Sweden
- "Writing Science"; 1995, Karolinska Institutet, Sweden
- "Teaching and learning in higher education"; 1995, Karolinska Institutet, Sweden

Working-environment and regulatory guidelines

- "Good Clinical Practice (GCP) for investigators"; 2004, the Swedish Academy of Pharmaceutical Sciences, Sweden
- "Introductory course on internal control"; 1998, Arbetarskyddsnämndens, Sweden
- "Introductory course on working-environment"; 1998, Karolinska Institutet, Sweden
- "Planning of Clinical Trials"; 1997, Karolinska Institutet, Sweden

National Boards and Specializations

- Authorization to practice the medical profession in Italy, 1990
- Specialization in Gastroenterology in Italy, 1994
- Authorization to practice the medical profession in Sweden, 1995
- Specialization in Gastroenterology in Sweden, 1995
- Specialization in Clinical Chemistry, 2012

Memberships to Scientific Societies

- European Atherosclerosis Society
- The Scandinavian Arteriosclerosis Society
- The International Atherosclerosis Society
- The European Lipoprotein Club

International Roles and Offices

- Member of the International Scientific Advisory Board of the Dutch Heart Foundation. 2019 – ongoing
- Delegate for Karolinska Institutet in the International Network Medicine Consortium. 2018 - ongoing
- Member of the Executive Committee and Treasurer of the European Atherosclerosis Society. 2018 - ongoing

- Swedish national representative of the European Association for Predictive, Preventive & personalized Medicine. 2018 - ongoing
- Visiting Professor, Department of Pharmacological and Biomolecular Sciences, University of Milano. 2017 - ongoing
- Member of the Scientific Committee of the Center E. Grossi Paoletti, University of Milano. 2016 - ongoing
- Swedish national representative in the Scandinavian Society for Atherosclerosis Research (SSAR). 2008 – ongoing
- Swedish national representative in the European Lipoprotein Club Organizing Committee (ELC), 2005-2011

Editorial Boards

- Associate Editor of Atherosclerosis. 2018 - ongoing
- Editorial board of JEPMA. 2018- ongoing
- Editorial board of Cell Transplantation. 2011- ongoing

Previous Leadership Roles

- Coordinator of the EU project HUMAN (EU FP7 no 602757, www.fp7human.eu/, 16 international Partners, 12 million Euro Budget). 2015 – 2019
- Head of the Division of Clinical Chemistry, Dept of Laboratory Medicine, Karolinska Institutet, 2011-2016
- Chairman of the Scandinavian Society for Atherosclerosis Research (SSAR), 2011-2015

Post-graduate Supervision

Main supervisor

- *Camilla Pramfalk*, "Regulation of the hepatic ACAT2 expression and roles of HNF1 and HNF in cholesterol metabolism" 27 november 2009
- *Lisa-Mari Nilsson*, "Studies on cholesterol homeostasis by modulation of lipoproteins and bile acids" 29 januari 2010
- *Treska Hassan*, "The oxysterol receptor-LXR:s: a link between inflammation and cancer" Oct 2011 – ongoing.
- *Osman Ahmen*, " Studies on cholesterol homeostasis in the regulation of liver steatosis and insulin sensitivity " 2013 - 2019
- *Karin Littmann*, "Etablering av nya diagnostiska markörer för kardiometabola och pankreatiska sjukdomar. 2015 - ongoing
- *Mirko Minniti*, "Targeting cardiometabolic diseases: validation of new experimental models and therapeutic approaches". 2015 - ongoing

Co-supervisor

- *Manuela Matasconi*, "The role of growth hormone in the regulation of plasma lipoproteins metabolism: mechanisms of action and interplay with other hormones" Sep 2004 - Dec 2005
- *Katharina Slätis*, "Role of apolipoprotein E, bile acids, and thyroidomimetics in lipoprotein metabolism and atherogenesis", Jun 2002 – Apr 2009
- *Zhao-Yen Jiang*, "Studies on cholesterol and bile acid metabolism in humans. Lessons from the cholesterol gallstone patients, May. 2007 – 2010
- *Xiao-Li Hu*, " Regulation of cholesterol and bile acid homeostasis in the liver and intestine: focus on crucial factors for atherosclerosis and gallstone development", May 2009 – 2014
- *Aleksandra Hedström*, "Clinical consequences of pancreatic exocrine insufficiency". Apr 2015 – ongoing

Postdoc supervision

- *Matteo Pedrelli*, 2009-2014

- Lisa-Mari Nilsson, 2011-2014
- Camilla Pramfalk, 2009-2015
- Davide Gnocchi, 2013-2015
- Tomas Jacobsson, 2015-2016
- Lise-Lotte Vedin, 2015-2018

Awards

Scientific

- Alvarenga's Prize, The Swedish Medical Society, 1996

General

- Officer, Order of Merit of the Italian Republic, 2011
- Best book of the Year, Gourmand World Cookbook Awards, 2014

Bibliometric Parameters

- Original peer-reviewed articles: 102
- Review articles, editorials, chapters in text-books, and proceedings: 36
- H-Index: 35 (28 May 2019)
- Popular scientific books: 1 (> 15000 copies)

Спонсоры Симпозиума:

ПЛАТИНОВЫЙ СПОНСОР

НАРИСТЕ – ЦЕНТР

ЗОЛОТЫЕ СПОНСОРЫ



СПОНСОРЫ

ЕВРАЗИЙСКАЯ ИНВЕСТИЦИОННАЯ ГРУППА

МЕДИТЕК



ПИАРТ



Еще 1 компания будет



*Кыргызское Общество по Атеросклерозу выражает глубокую благодарность коллективу **Сити-Отель** и лично директору директор ОсОО Хотель Холидей **Исакову Билинбек Бейшембиевичу** и Генеральному Менеджеру Отеля Сити **Кусеновой Эльвире** за гостеприимство и помощь в организации Симпозиума*

Спасибо за то, что приняли участие в международном симпозиуме

«Медицина Шелкового Пути»

Мы ждем Вас на нашем следующем ежегодном мероприятии...

КОНГРЕСС КАРДИОЛОГОВ КЫРГЫЗСТАНА



ИЮНЬ 2020