

## CURRICULUM VITAE

### Personal Information:

Family name: Arai  
Forename: Hidenori  
Age: 57  
Sex: Male  
Date of birth: 6 April 1959  
Place of birth: Fukui, Japan  
Marital status: Married  
Nationality: Japanese  
Present address: National Center for Geriatrics and Gerontology  
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### Education:

1987 – 1991 Ph.D. Kyoto University Graduate School of Medicine, Kyoto, Japan  
1978 - 1984 M.D. Kyoto University School of Medicine, Kyoto, Japan  
1984 Japanese Medical License Registration (No. 279757)

### Professional Training and Employment:

2015 Apr– present Director of Center for Gerontology and Social Science  
2015 Jan– present Deputy Director, National Center for Geriatrics and Gerontology  
2014 – present Secretary General of the Asia Pacific Federation of International  
Atherosclerosis Society  
2015 July – present Vice president of Japan Geriatrics Society  
2009 April – 2014 Dec Professor  
Department of Human Health Sciences, Kyoto University Graduate  
School of Medicine, Kyoto, Japan  
2003 July – 2009 March Assistant Professor  
Department of Geriatric Medicine  
Kyoto University Graduate School of Medicine

	Kyoto, Japan
2006 – 2014	Editor of Journal of Atherosclerosis and Thrombosis
2010 – present	Associate Editor of Journal of Clinical Gerontology and Geriatrics
2012 – present	Executive Editor of Geriatrics and Gerontology International
2005 – present	Board of Japanese Society of Internal Medicine
2005 – present	Board of Japan Geriatric Society
2012– present	Board of Japan Atherosclerosis Society
2002 August – 2004 July	Senior Scientific Research Specialist Ministry of Education, Culture, Science, Sports and Technology of Japan
1997 April – 2003 July	Instructor Department of Geriatric Medicine Kyoto University Graduate School of Medicine, Kyoto, Japan
1993 June – 1997 March	Postdoctoral fellow University of California, San Francisco
1991 August – 1993 June	Instructor Department of Geriatric Medicine Kyoto University Graduate School of Medicine, Kyoto, Japan
1993 April – 1993 August	Clinical fellow Department of Geriatric Medicine Kyoto University Graduate School of Medicine, Kyoto, Japan
1985 – 1986	Clinical resident Shimada Municipal hospital, Shimada, Japan
1984 – 1985	Clinical residents Department of Internal Medicine Kyoto University Hospital, Kyoto, Japan

**Membership:**

Japan Atherosclerosis Society (Vice president), Japan Geriatrics Society (Vice President), Japanese Society for Sarcopenia and Frailty (President), Japanese Society of Internal Medicine, Japanese Circulation Society, Japan Diabetes Society, Japan Society for the study of obesity

**Award**

JAT Award 2014