

PROFESSOR JAMES SHEPHERD
Glasgow Royal Infirmary, Scotland, UK

Short Curriculum Vitae



James Shepherd, MB ChB, PhD, has been Professor and Head of the Department of Pathological Biochemistry and Honorary Consultant at the University of Glasgow-Royal Infirmary, Glasgow, Scotland, since 1988.

He is a Fellow of the Royal College of Pathologists of London, the Royal College of Physicians and Surgeons of Glasgow, the Academy of Medical Sciences and the Royal Society of Edinburgh.

Professor Shepherd has spent periods researching abroad at Baylor College of Medicine, Texas, the Cantonal Hospital, Geneva and the University of Helsinki and is former Chairman of the European Atherosclerosis Society, and Founder member of the British Hyperlipidaemia Association and the Asian Pacific Society of Atherosclerosis and Vascular Disease.

Professor Shepherd's research is directed towards understanding those factors which are responsible for the development of coronary artery disease. In particular, he has focused on the roles played by heredity and environment in the regulation of the levels of fats (like cholesterol) in the blood. He directed the West of Scotland Coronary Prevention Study (WOSCOPS) and presented its findings at the American Heart Association meeting in November 1995. In November 2002 he presented the results of the the PROSPER Study to the American Heart Association in Chicago. This study was conducted in three countries, The Netherlands, Ireland and the United Kingdom and investigated the benefits of cholesterol lowering in the elderly at risk.