

## CURRICULUM VITAE

### **RODY G. SY, M.D.**

#### **Medical Background:**

- Doctor of Medicine, University of the Philippines, 1974
- General Internship, UP-PGH Medical Center, 1974-1975
- Rural Community Service – Sariaya, Quezon Province, July – Dec 1975
- Residency in Internal Medicine, UP-PGH Medical Center, 1976- 79
- Fellowship in Cardiology, Georgetown University Hospital, 1979-82
- Fellow and Diplomate, Philippine College of Physicians, 1983
- Fellow and Diplomate, Philippine College of Cardiology, 1983
- Fellow, American College of Cardiology, 1993
- Fellow, Philippine Society of Cardiac Catheterization and Intervention, 1995
- Fellow, Asean College of Cardiology, 2008

#### **Current Positions:**

- Professor and Chairman, Department of Medicine, UP College of Medicine, 2012
- Ex-officio member, Sagip Buhay Medical Foundation, Oct. 2012
- Head, Resource Generation Office, UP College of Medicine, 2011
- Member, International Atherosclerosis Society – Asia Pacific Federation, 2013

#### **Past Positions:**

- President, Asian Pacific Society of Atherosclerosis and Vascular Diseases, 2002-06
- President, Philippine Lipid Society, 1995-2002
- President, Philippine Heart Association, 1991-92
- Medical Director, Cardinal Santos Medical Center, 1995-98
- Chairman, Department of Medicine, Cardinal Santos Medical Center, 1995-98
- Chief, Section of Cardiology, Department of Medicine, UP-PGH, 1994-99
- Chairman, Specialty Board of Cardiology (Adult), Philippine College of Cardiology, 1999-2000
- Trustee, Philippine Society of Hypertension, 1993-2007
- Chairman, Pusong Pinoy Foundation, 2003-2011
- Head, Cardiovascular Institute, Cardinal Santos Medical Center, 2005-2012
- Chairman, Sagip Buhay Medical Foundation, 2004-2012

#### **Recent Honors and Awards:**

- Distinguished Fellow Award, Philippine College of Physicians, 1996
- Distinguished Service Award, Philippine Heart Association, 1998
- Distinguished Teacher Award, Philippine Heart Association, 1999
- Awardee, Most Distinguished Research in Cardiology, Philippine Heart Association, 1999
- Loyalty Award, Philippine Heart Association, 2006
- Philippine Medical Association – Unilab Dr. Jose P. Rizal Memorial Award for Outstanding Clinical Practice 2009
- Listed in Marquis' Who's Who in Medicine and Healthcare 7<sup>th</sup> Edition 2009-2010
- CSMC - Cardinal Sin Teacher-Healer Award, Cardinal Santos Medical Center, March 2010
- Distinguished Fellow Award, Philippine Heart Association, May 2010
- Philippine College of Physicians Exemplar Award in Clinical Research, May 2011
- Philippine Heart Association Golden Heart Award, May 2012

## Recent Publications:

Sy RG... Infarct Survival in the Philippines (ISIP) Study. Asean Journal of Cardiology 1999.  
(authors and publication details to be provided)

Sy RG, Punzalan FER for the PACER 2 Study Group. A multicenter, open label, 8 week study evaluating the efficacy and safety of once daily Atorvastatin in patients with hyperlipidemia. *Phil J Int Med* 2000; 38: 273-278.

Wu CC, Sy RG, Tanphaichitr V, Tan ATT, Suyono S, Lee YT. Comparing the efficacy and safety of Atorvastatin and Simvastatin in Asians with elevated low density lipoprotein cholesterol – A multinational multicenter double blind study. *J Formos Med Assoc* 2002; 101: 478-487.

Sy RG, Dans AL, Punzalan FER, Amarillo ML, Velandria F for the FNRI-HDL Study Group. The prevalence of dyslipidemia, diabetes, hypertension, stroke and angina pectoris in the Philippines. *Phil J Int Med* 2003; 41: 1-6.

Litonjua A, Sy RG, Abarquez R, Lim-Abraham MA, Asis L, Babilonia N, Bautista JA, Crisostomo M, Dizon E, Go RT, Mirasol R, Paz-Pacheco E, Palafox P, Pastores E, Quimpo J, Raboca J, Reyes E, Sapang BD, Sison MO, Sy RA, Uy Z, Villadolid M, Chua P, Aragon J for Philippine XENLO Study Group. Lipid lowering effect of Orlistat beyond weight reduction in overweight / obese Filipino patients: An RCT study. *Phil J Int Med* 2004; 42(6): 297-305.

Punzalan FER, Sy RG, Ty-Willing T. Prevalence of metabolic syndrome among adult Filipinos. *International Congress Series 1262(2004): 442-445.*

Punzalan FER, Sy RG, Santos RS, Cutiongco EM, Gosiengfiao S, Fadriguilan E, George P. Low Density Lipoprotein- Receptor (LDL-R) gene mutation among Filipinos with Familial Hypercholesterolemia. *J Atheroscl Thromb* 2005;12: 276-283.

Sy RG, Cutiongco EM, Punzalan FER, Santos RS, Geronimo FRB, Tangco RV. Human Cholesteryl ester transfer protein (Taq1B) polymorphism among Filipinos with cardiovascular risk factors. *J Atheroscl Thromb* 2007; 14(3).

Morales DD, Punzalan FER, Paz-Pacheco E, Sy RG, Duante CA for the National Nutrition and Health Survey (NNHES): 2003 Group. Metabolic syndrome in the Philippine general population: prevalence and risk for atherosclerotic cardiovascular disease and diabetes mellitus. *Diabetes Vasc Dis Res* 2008; 5: 36-43.

Fruchart JC, Sacks FM, Hermans MP, Assmann G, Brown WV, Ceska R, Chapman MJ, Dodson PM, Fioretto P, Ginsberg HN, Kadowaki T, Lablanche JM, Marx N, Plutzky J, Reiner Z, Rosenson RS, Staels B, Stock JK, Sy R, Wanner C, Zambon A, Zimmet P. The Residual Risk Reduction Initiative: A call to action to reduce residual vascular risk in dyslipidemic patients. *Diabetes Vasc Dis Res* 2008; 5: 319-335.

Jean-Charles Fruchart, Frank Sacks, Michel P. Hermans, Gerd Assmann, W. Virgil Brown, Richard Ceska, M. John Chapman, Paul M. Dodson, Paola Fioretto, Henry N. Ginsberg, Takashi Kadowaki, Jean-Marc Lablanche, Nikolaus Marx, Jorge Plutzky, Zeljko Reiner, Robert S. Rosenson, Bart Staels, Jane K. Stock, Rody Sy, Christoph Wanner, Alberto Zambon, and Paul Zimmet, for the Residual Risk Reduction Initiative (R3i). The Residual Risk Reduction Initiative: A Call to Action to Reduce Residual Vascular Risk in Patients with Dyslipidemia. *AJC* 2008; 102(Suppl): 1K-34K.

Tai ES, Poulton R, Thumboo J, Sy R, Castillo-Carandang N, Sritara P, Adam JMF, Sim KH, Fong A, Wee HL, Woodward M. An update on cardiovascular disease epidemiology in South East Asia. Rationale and design of the LIFE course study in CARDiovascular disease Epidemiology (LIFECARE). *CVD Prevention and Control* 2009; 4: 93-102. Available online 14 March 31, 2009.

Soria MLB, Sy RG, Vega BS, Ty-Willing T, Abenir-Gallardo A, Velandria F, Punzalan FE. The incidence of type 2 diabetes mellitus in the Philippines: A 9 year cohort study. *Diab Res Clin Pract* 2009; 86: 130-133.

Sy RG, Morales DD, Dans AL, Pacheco EP, Punzalan FER, Abelardo NS, Duante CA. Prevalence of atherosclerosis-related risk factors and diseases among adult Filipinos. *J Epidemiol* 2012; 22(5): 440-447. (released online on 14 July 2012)

Castillo-Carandang NT, Sison OT, Grefal ML, Sy RG, Alix OC, Llanes JBL, Reganit PFM, Gumatay AWG, Punzalan FER, Velandria FV, Tai ES, Wee HL. A community-based validation study of the Short-Form 36 version 2 Philippines (Tagalog) in two cities in the Philippines. *PLOS One* 2013; 8 (12): e83794.

Sy RG, Llanes EJB, Reganit PFM, Castillo-Carandang N, Punzalan FER, Sison OT, Khaing NEE, Poulton R, Woodward M, Tai ES. Socio-demographic factors and the prevalence of metabolic syndrome among Filipinos from the LIFECARE cohort. *JAT* 2014; 21: S9-S17.

Sison OT, Ngalob QG, Punzalan FER, Castillo-Carandang NT, Nacpil-Dominguez PD, Llanes EJB, Velandria FV, Reganit PFM, Gumatay WAG, Sy RG. Who we are: Demographic and stress profile of the Philippine LIFECARE cohort. *Acta Medica Philippina* 2014; 48(2):41-6.

Llanes EJB, Nacpil-Dominguez PD, Sy RG, Castillo-Carandang NT, Punzalan FER, Reganit PFM, Gumatay WAG, Sison OT, Ngalob QG, Velandria FV. Where we are: Socio-ecological and health profile of the Philippine LIFEcourse study in CARDiovascular disease Epidemiology (LIFECARE) study sites. *Acta Medica Philippina* 2014; 48(2): 47-55.

Castillo-Carandang NT, Sison OT, Velandria FV, Sy RG, Llanes EJB, Reganit PFM, Gumatay WAG, Punzalan FER. "You are what you eat." Self-reported preferences for food taste and cooking methods of adult Filipinos (20-50 years old). *Acta Medica Philippina* 2014; 48(2): 56-61.

Punzalan FER, Sy RG, Sison OT, Castillo-Carandang NT, Gumatay WAG, Reganit PFM, Nacpil-Dominguez PD, Ngalob QG, Velandria FV, Llanes EJB. Prevalence of cardiovascular risk factors in relation to socio-demographic profile of the Life Course Study in Cardiovascular Disease Epidemiology Study (LIFECARE) Philippine cohort. *Acta Medica Philippina* 2014; 48(2): 62-9.

STABILITY Study on Darapladib in atherosclerosis – international phase III study with hard endpoint (GSK study).

#### **Scholarly work / publications:**

(Panel Member) International Atherosclerosis Society Position Paper: Global Recommendations for the Management of Dyslipidemia. <http://www.athero.org/IASPositionPaper.asp>

(Panel Member) Residual Risk Reduction Initiative (R3i). Residual Macrovascular Risk in 2013 – What have we learned? (for publication in *Cardiovascular Diabetology*)

(Member of Review Panel) International Atherosclerosis Society – Pfizer Grant on Management of Dyslipidemia.

SIGNIFY Study on Ivabradine in chronic stable coronary disease (Servier study).

Ivabradine in congestive heart failure (CHF-098) (Servier study)

#### **Completed work, unpublished:**

Prevalence of metabolic syndrome in Filipino college students aged 18-25.

The prevalence of low HDL-c among Filipinos: translating a unique phenomenon to the rest of the world.

Philippine Cardiovascular Outcome Study (PhilCOS)

#### **Ongoing work:**

LIFECARE (LIFE course study in CARDiovascular disease Epidemiology) Philippines – presently in recruitment phase for 3,000 subjects with planned follow-up visit in 4-5 years. This is part of a regional study with Thailand, Malaysia, Indonesia and Singapore.

Philippine Cardiovascular Genome Study (with Dr. Eva Cutiongco-dela Paz –NIH and CVS Consultants).

ODYSSEY Outcome Study (anti-PCSK9 study on recent ACS patients - Sanofi).

Relax Asia (study of Serelaxin in acute heart failure in Asia).