

RAFAEL CARMENA, MD, PhD, FACP, FRCP Edin

Curriculum vitae



Dr. Rafael Carmena is Professor of Internal Medicine at the University of Valencia and Chief of the Endocrine and Nutrition Service at the University Clinical Hospital in Valencia, Spain.

Prof. Carmena received his M.D. with honours and his Doctorate Thesis (PhD) Cum Laude, both from the University of Valencia. Following his internship in Medicine at the University Medical Clinic, University of Freiburg (Germany), he received a Fulbright Fellowship to the School of Public Health (Laboratory of Physiological Hygiene) at the University of Minnesota, USA, followed by a residency in Internal Medicine and Fellowship in Endocrinology at that University.

Prof. Carmena is a Fellow of the American College of Physicians, and a Fellow of the Royal College of Physicians of Edinburgh. He is also member of the International and the Spanish Society of Internal Medicine, the American Diabetes Association, European Association for the Study of Diabetes, the Spanish Endocrine and Diabetes Societies, the European Atherosclerosis Society, European Society for Clinical Investigation, among others. He was a founding member and first president of the Spanish Society of Arteriosclerosis, the Spanish Society for the Study of Obesity, and the Spanish Society for Basic and Applied Nutrition. Since 1993 he is a member of the Royal Academy of Medicine in Spain.

His main research interests lie in field of disorders of lipid metabolism and insulin resistance. He has contributed chapters to many medical textbooks and

monographs in the field of lipid disorders, obesity, nutrition, diabetes, and arteriosclerosis, having published some 250 scientific papers on these subjects.