

The 5th IAS-OSLA Course on “Lipid Metabolism and Cardiovascular Risk” Muscat, Oman, February 8-11, 2019

DAY 1 <i>Friday,</i> <i>February 8</i>	Time (Day 2)	DAY 2 <i>Saturday, February 9</i>	DAY 3 <i>Sunday, February 10</i>	DAY 4 <i>Monday, February 11</i>
	7.30 – 8.30	BREAKFAST	BREAKFAST	BREAKFAST
	8.30 – 9.15	Introductions Pre-Course Test	LDL, HDL and CVD: Epidemiology and Clinical Trials Dimitri Mikhailidis (UK)	Identification and Management of Paediatric Dyslipidemia Khalid Al-Rasadi (Oman)
	9.15 – 10.00	Lipid/Lipoprotein Structure and Metabolism (Overview) Philip Barter (Australia)	Subclinical Atherosclerosis Imaging for Risk Stratification Khurram Nasir (USA)	Update on Lipid Guidelines Wael Almahmed (UAE)
	10:00 – 10.45	Metabolism and Atherogenic Properties of LDL Manal Al-Kindi (Oman)	Agents to Reduce LDL (and Future Developments) Raul Santos (Brazil)	Diabetes, Metabolic Syndrome prevalence and management in the MENA region Noor Al-Busaidi (Oman)
	10.45-11.15	COFFEE BREAK	COFFEE BREAK	COFFEE BREAK
	11.15 – 12.00	Metabolism and Protective Properties of HDL Philip Barter (Australia)	Metabolism, Atherogenic Properties and Agents to reduce Triglyceride-Rich Lipoproteins, Zuhier Awan (KSA)	Statin Intolerance: Definition and Treatment Khalid Al-Waili (Oman)
	12.00 – 12.45	PCSK9 and its Role in LDL Receptor Regulation Gilles Lambert (France)	Management of Diabetes to reduce CVD Philip Barter (Australia)	Management of dyslipidaemia in special populations Dimitri Mikhailidis (UK)
	12.45 – 13.30	CVD risk assessment using risk scores In primary prevention Khurram Nasir (USA)	Genetic Dyslipidaemias, Hyperlipoprotein(a), and CVD Gilles Lambert (France)	Effect of diet and exercise on dyslipidaemia and CVD Khalid Al-Rasadi (Oman)
	13.30 – 14.30	LUNCH	LUNCH	LUNCH
	14.30 – 17.30	WORKSHOP 1 Management of Patients with Familial Hypercholesterolemia Zuhier Awan (KSA)/ Raul Santos (Brazil) Khalid Al-Waili (Oman)/ Khurram Nasir (USA) Manal Al-Kindi (Oman)/ Gilles Lambert (France)	WORKSHOP 2 Management of Patients with Complex Lipid Cases Khamis Al-Hashmi (Oman)/ Raul Santos (Brazil) Noor Al-Busaidi (Oman)/ Dimitri Mikhailidis (UK) Zuhier Awan (KSA) / Gilles Lambert (France)	WORKSHOP 3 Management of Lipid Disorders in Special Populations Mustafa Al-Hinai (Oman) / Khalid Al-Rasadi (Oman) Dimitri Mikhailidis (UK)/ Manal Al-Kindi (Oman) Khalid Al-Waili (Oman)/ Wael Almahmed (UAE)
Faculty Meeting 16.30 – 17.30	17.30 – 18.30			Post-Course Test Evaluation and Discussion
WELCOME DINNER 19.30 – 22.00	19:00 – 21:00	DINNER	DINNER	DINNER