

## 3rd IAS – OSLA course on Lipid Metabolism and Cardiovascular Risk



The International Atherosclerosis Society (IAS) and the Oman Society of Lipid and Atherosclerosis (OSLA) just concluded the 3rd IAS – OSLA course on Lipid Metabolism and Cardiovascular Risk which was held in Muscat, Oman (February 25-27, 2017) and co-chaired by Profs. Yuji Matsuzawa and Philip Barter of the International Atherosclerosis Society and Dr. Khalid Al-Rasadi, President of the Oman Society of Lipid and Atherosclerosis.

Lipid disorders, such as high cholesterol and triglycerides to mention the most common ones, are major risk factors for cerebrovascular diseases that we know to be linked to familial hypercholesterolemia and to the growing epidemics of obesity and diabetes worldwide and especially in the MENA region countries. Recognition and prevention of these diseases to be implemented through a healthier life style and, when needed, a better adherence to lipid lowering treatment is one of the goals national health systems have to reach in order to have healthier populations.

The residential course increased the knowledge and experience of 32 early- to mid-career English-speaking practicing clinicians from 11 different countries in the MENA region interested in the management of lipid disorders through active and vibrant interaction with top level faculty of some of the most renowned leaders, internationally, regionally, and locally.

The program saw very lively discussions during both the morning lectures and very constructive and participative case study workshops in the afternoon. The participants were knowledgeable, articulate, and out-spoken about the needs and concerns of the region and their patients.

The benefits to be derived will not only enhance the careers and reputations of the individuals and their respective institutions, empower performance to embrace learning and team building, but more importantly will provide better care for patients, thus improving the healthcare of the MENA region.

The 4th IAS-OSLA Course on Lipid Metabolism and Cardiovascular Risk will be held February, 2018.

**Slide Library of the Course** will be posted at: <http://www.athero.org/slidelibrary.asp>